

# Finding the Focus for My Vision

*These 4 areas make up your life. What do you want, need or desire in each area of the Focus 4? How do you want to feel? Place your wants into each area.*



**Health/Wellness: I want... I feel...**

**Relationships: I want... I feel...**

**Business/Career/Financial: I want... I feel...**

**Spiritual: I want... I feel...**