# Land of Enchantment

# Letting Go Heals

# 1<sup>st</sup> Experience – Shaman Letters

Shaman letters represent the area of your life that you intuitively sense you want to let go of something or someone so you can heal.

C – career, R – relationships, H – health, S - spiritual

## 2<sup>nd</sup> Experience – Circle in the Sand

The circle you drew in the sand represents the energetic healthy boundary you created for your safe, strong, powerful energy field.

# 3<sup>rd</sup> Experience – Mirror

The mirror gave you an opportunity to forgive yourself at your soul level for any guilt anger or shame you were carrying.

# 4<sup>th</sup> Experience - Fire

The fire gave you a way to identify the responsibilities you no longer were willing to carry. When you identified them and tossed them in the fire they were transmuted into smoke and no longer attached to you.

## 5<sup>th</sup> Experience - Celebration

The celebration was created so that you realize you are not alone doing this deeper work. There are always angels, guides, and people to help you on your journey in life.

## To learn more at Core Passion Life . . . https://app.searchie.io/hub/BxjYgJXVGI

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Land of Enchantment – September 2022